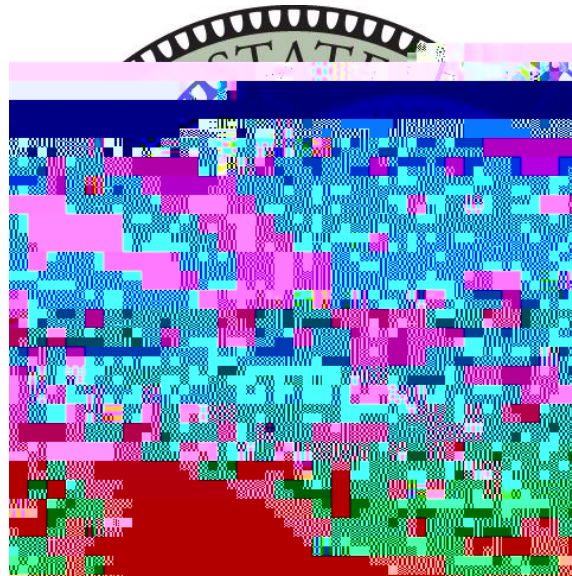


**J-1**

**U.S. Scholars and Professionals**



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AE	Arts and Education Building
ALP	American Language Program
BART	Bay Area Rapid Transit
CBE	College of Business and Education
CEAS	College of Education & Allied Studies
CIE	Center for International Education
CLASS	College of Letters, Arts, and Social Sciences
CSCI	College of Science
CSUEB	California State University, East Bay
DMV	Department of Motor Vehicles
DOS	[U.S.] Department of State
LI	Library Building
MB	Music Building
MI	Meiklejohn Building
OAK	Oakland International Airport
SA	Student Administrative Services Building
SEVIS	Student and Exchange Visitor Information System
Sc. S., Sc. N.	South Sciences Building, North Sciences Building
SF	Student & Faculty Support Building
SFO	San Francisco International Airport
SSN	Social Security Number
USCIS	U.S. Citizenship and Immigration Services
UU	University Union
VBT	Valley Business & Technology Building

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California State East Bay Website	<a href="http://www.csueastbay.edu">www.csueastbay.edu</a>
California State East Bay Campus Map	<a href="http://www.csueastbay.edu/about/visitor-information/maps-campus-locations/hayward-campus-map/index.html">http://www.csueastbay.edu/about/visitor-information/maps-campus-locations/hayward-campus-map/index.html</a> <a href="http://www.csueastbay.edu/visit/files/docs/tours/cal-state-east-bay-self-guided-tour-brochure-updated-2017.pdf">http://www.csueastbay.edu/visit/files/docs/tours/cal-state-east-bay-self-guided-tour-brochure-updated-2017.pdf</a>
University Catalog	<a href="http://www20.csueastbay.edu/ecat/index.html">http://www20.csueastbay.edu/ecat/index.html</a>
CIE	<a href="http://www.csueastbay.edu/CIE">www.csueastbay.edu/CIE</a>
Currency Converter	<a href="http://www.xe.net">www.xe.net</a>
U.S. Department of State (Exchange Visitor Program , Bureau of Educational and Cultural Affairs)	<a href="http://exchanges.state.gov/education/exchanges">http://exchanges.state.gov/education/exchanges</a>

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Obtain Visa

Make Flight Reservations: Please let us know of your arrival date or any change in travel plans:

OAA (Karen.Ling@csueastbay.edu) or CIE (julie.moreira@csueastbay.edu)

Research Housing options

Make Temporary Housing Arrangements

Purchase and inform yourself about health insurance ([www.csuhealthlink.com](http://www.csuhealthlink.com))

Pack Accordingly

Learn more about CSUEB

Inform yourself about the San Francisco Bay Area.

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Please make an appointment with the Office of Academic Affairs, Faculty Immigration Advisor, Karen J. Ling (Karen.Ling@csueastbay.edu) to check-in and for orientation. We will assist you with checking in to the Center for International Education, give you a tour of the University campus, and introduce you to your Department. Please bring with you 1) your passport, and 2) DS-2019.

*The Center for International Education is required to report your arrival to Department of Homeland Security no later than 30 days from the start date indicated on your DS-2019.*

Show proof of foreign travel insurance or purchase medical insurance and/or show Proof of Purchase to CIE within the First Week of Your Arrival. J-1

For more information on the U.S. Department of State Health Insurance Requirements, see the Health Insurance Section of this Handbook.

Obtain your CSUEB ID – complete form at the orientation.

If you will be employed, apply for your Social Security Number.



A J-1 Student/Scholar, having been granted an DS- 2019 from an American institution or agency (such as IIE, IREX, etc.) and having obtained a J-1 visa from a U.S. consulate abroad, has three documents that govern her/his stay in the U.S. They are:

- Entry visa
- Admission Stamp
- DS-2019 Form

The entry visa is issued at an American Consulate in a country outside the U.S. These visas are either for single entry to the U.S. or for multiple entries as noted on the visa. There is a time limit for the use of the visa. Sometimes a multiple entry visa is valid for the amount of time expected to complete the program sought, and, sometimes it is only good for one year or less. During this time period a J-1 student/scholar may leave the U.S. and be able to return. If he/she leaves the U.S. after that time period, however, a new visa will be required to return. An important thing to remember is that this visa is an entry visa and, therefore only needed to enter the U.S. from another country. It does not control your stay in U.S.

Upon entry to the U.S., your passport will be stamped with an admission stamp. The admission stamp indicates the date of admission, class of admission (J-1) and admission until date. For J-1 visitors, the admission until is 'D/S', which is an abbreviation for "Duration of Status". Duration of Status means: students may stay in the country until the completion of their program as long as their DS-2019 Form is valid.

If you need to print the electronic I-94 arrival/departure record for verification purposes, it can be obtained from <http://www.dhs.gov/e-verify>

The DS-2019 Form is the document which CSUEB or a sponsoring agency, such as IIE, issues to you when you are admitted. It records information that the U.S. government needs for its records and to grant an entry visa. In item number 3 on the DS-2019 Form there is a place to record the beginning and ending dates of your program. This ending date is important because it is the date by which you must complete your program. Failure to do so may result in termination of your stay.









The Housing and Residential Life Office provides off-campus rental listings, landlord and tenant issue information and referrals and consumer information to assist you in making housing decisions. In addition, check notices on the university's bulletin board, newspaper advertisements, and rental services which charge a fee for their postings such as

The landlord has the right to enter the premises at reasonable times to inspect and make repairs but usually the landlord will not enter your apartment without calling to ask permission or notifying you.

If the landlord fails to make reasonable repairs, the tenant, after repeatedly asking for those repairs \_\_\_\_\_, has the option of making the

140 Mason Street (at Ellis)  
San Francisco, CA 94102  
Tel: 415-982-5010  
Fax: 415-921-

A checking account at a bank is essential in this country. It is convenient and practical to write a check instead of paying cash when you do business. Many business transactions require payment by checks. You may open a checking account in almost any bank in the East Bay area. Sometimes, a small monthly charge and/or a minimum balance is required for a checking account. You should establish an account as soon as possible so that you may have easy access to your money for initial expenses.

You may also wish to open a savings account if you have large amounts of money. A savings account allows you to save and earn interest on your money. There are several types of savings accounts. The three main types are General Savings Account, Money Market Account and Certificates of Deposit (CD's).

Money Market accounts are designed for those with relatively large amounts of money, such as \$2,500 or more, to deposit. These accounts sometimes earn a high rate of interest.

A CD is a type of savings account in which the depositor agrees to have funds on deposit for a specific period of time, such as six months. The only fees that are associated with CDs are penalty fees charged for an early withdrawal.

Among the popular banks in California are Bank of America, Wells Fargo, Citicorp, and Chase.



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AC Transit 60 bus goes near the DMV of East Bay (2 minutes away). Get off the bus stop near the intersection of Soto Road and Jackson Street. Walk west on Jackson about 1 minute. The DMV of East Bay is on the north side of Jackson.

Drive west on Carlos Bee Blvd. past Mission Blvd (Carlos Bee Blvd. becomes Orchard Ave. after Mission Blvd), turn right at the 1st traffic light (Soto Road). Drive north about 4 blocks (0.4 mile) on Soto Road. After Jackson Street, you will see the DMV sign on the building on your right hand side.

:

Do not resist arrest by a police officer even if you feel you are innocent

You have the right to remain silent

You have the right to contact any attorney before answering any questions

You do not need to consent to a search of your home, car, or person unless the officer has a warrant

Be calm, polite, and cooperative but firmly assert your rights

:

If possible, do not move the vehicles.

Report the accident to the police immediately.

Get the name, address, phone number, and insurance company of the other driver.

Do not admit fault or liability.

Contact your insurance company (driving without insurance is illegal).

File your claim promptly with your insurance company.

Most long distance service is provided by AT&T. All customers must pay a connection charge (approximately \$60.00) that is due with the first bill. The connection charge may be divided over three months of bills. Aside from long distance charges, basic telephone service costs about \$23.00 per month. There is normally unlimited telephone for calls in your local area. Monthly charge.

To place a long distance call, (1) Be polite, (2) Be cooperative, (3) Be firm.



To have the person you are



885-2325,

English as a Second Language classes are offered through the American Language Program at Cal State East Bay. The ALP course levels range from high beginner to advanced ESL and college preparation.

The (